

## THE OFFICIAL NEWSLETTER OF SJSU SOTA DECEMBER 2018

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#### by Sonja Kramer

At OTAC this past October, I attended a session on disaster preparedness for our clients and learned about Emergency Alert Systems for cell phones and email. In most areas, this is something you must opt-in to use if you do not use a landline phone. *Alert SCC* is Santa Clara County's Emergency Alert System. It is a free and confidential service to notify and provide instructions to residents about a variety of emergency situations such as flooding, wildfires, and subsequent evacuations; public safety incidents that affect your neighborhood; and disaster shelter locations and supplies. As landline telephones become less common in homes, it is important to be aware of how to get notified about emergencies and sign up for alerts before they happen. Especially in light of the recent fires and shooting that California experienced, I encourage you all to sign up for Alert SCC or your county's equivalent, and spread the word to your families, friends, and future clients.

Click *HERE* to sign up for Alert SCC! It only takes a few minutes, and it could save a life.

SOTA meetings will be held on the first Wednesday of each month. Next one is Dec 5th!

## **SOTA Events**



November Volunteer Event: over 700 pairs of pajamas sorted to be delivered to homeless shelters, women's shelters, and foster care families in the Bay Area!

December Volunteer Event: 10 volunteers sorted and packed over 8,800 lbs of onions, oranges, eggplants, celery, and potatoes!:

### **Past Events**

Nov 7 - SOTA Board Meeting

Nov 17 - Pajama Sorting Party

Nov 19 - SOTA and Pre-OT Club Trivia Night

### **Future Events**

Dec 1 - Sacred Heart Volunteering

Dec 4 - Collaborating with COTAs

Dec 5 - SOTA Board Meeting

Dec 6 - Holiday Happy Hour at Paper Plane

# **Fast Facts: WFOT**

International organization that promotes occupational therapy as an art and a science. The World Federation of OT supports the development, use, and practice of OT worldwide

Has five program areas that lead projects for the betterment of OT and its clients worldwide:
Executive, Education,
Research, Practice
Development, &
Standards and Quality

Meets every four years in different areas in the world for a Congress that includes scientific sessions, study opportunities, social functions, and a WFOT business meeting

WFOT has resources for working as an occupational therapist in a country other than your own *here* 



Hope everyone has a safe and happy holiday!
Enjoy a well-deserved break and see you next year

